

# Today's happenings...



■ A scene from the epic historic film Red Cliff ... now showing

**TO BE INCLUDED CALL 17620222**

mail writing, business writing workshops. Contact 39067062 for timing.

- English, Arabic, French, Spanish, Italian, German, Farsi, Japanese and Chinese classes, 8am-8pm. Berlitz Language Centre, Adliya. Contact 17827847.
- British Council, 8.30am- 7.30pm, Khamis. Contact 17261555.
- Alliance Francaise de Bahrein library and resource centre, Isa Town, 9am-1pm and 3pm-7pm. Contact 17683295 or visit www.afbahrain.com.

- 3) **Shortcut to Happiness (Comedy) (15)**  
Shows at 1.30pm, 6.30pm and 11.30pm  
Starring: Anthony Hopkins, Alec Baldwin and Jennifer Love Hewitt
- 4) **Final Destination (Thriller/ Horror) (15+)**  
Shows at 1pm, 2.45pm, 4.30pm, 6.15pm, 8pm, 9.45pm and 11.30pm  
Starring: Bobby Campo, Shantel VanSanten and Nick Zano
- 5) **Inglorious Basterds (Action/ Adventure) (15+)**  
Shows at 3.30pm and 8.30pm  
Starring: Brad Pitt, Diane Kruger and Christoph Waltz

**AL JAZEERA CINEPLEX - 2 Screens**

- 1) **Sorority Row (Thriller/ Horror) (18)**  
Shows at 3pm, 5.15pm, 7.30pm and 9.45pm  
Starring: Teri Andrzejewski, Adam Berry and Megan Wolfley
- 2) **Dil Bole Hadippa (Hindi/ Drama/ Romance)**  
Shows at 3.15pm and 8.45pm  
Starring: Rani Mukherjee, Shahid Kapur and Anupam Kher
- 3) **Wanted (Hindi/ Action) (15)**  
Show at 6pm  
Starring: Salman Khan, Ayesha Takia and Prakash Raj

**AWAL CINEMA**

- 1) **What's Your Raashee (Hindi/ Comedy/ Romantic)**  
Shows at 2pm and 8.30pm  
Starring: Harman Baweja and Priyanka Chopra
- 2) **Loud Speaker (Mal)**  
Show at 5.30pm  
Starring: Mammooty and Gracy Singh

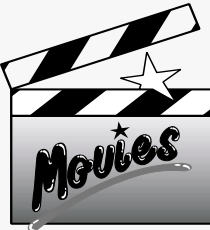
**AL HAMRA CINEMA**

- 1) **Loud Speaker (Mal)**  
Shows at noon, 3pm and 9pm  
Starring: Mammooty and Gracy Singh

- 2) **Oru Black And White Kudumbam (Mal)**  
Show at 6pm  
Starring: Jayasurya and Kalabhavan Mani

**DANA CINEPLEX - DANA MALL**

- **Late night shows only on Thursdays, Fridays and holidays**
- 1) **Cloudy With A Chance Of Meat Balls (Kids/ Animation/ Family)**  
Shows at 11.45am, 1.45pm, 3.45pm, 5.45pm, 7.45pm, 9.45pm and 11.15pm
- 2) **Al Saffah (Arabic/ Drama/ Thriller) (15)**  
Shows at 2.15pm, 6.45pm and 11.15pm  
Starring: Hani Salamah, Khalid Al Sawi and Nicol Saba
- 3) **H Dabbour (Arabic/ Comedy) (15)**  
Shows at noon, 4.30pm and 9pm
- 4) **Dil Bole Hadippa (Hindi/ Drama/ Romance)**  
Shows at 11.15am, 2pm, 4.45pm, 7.30pm and 10.15pm  
Starring: Rani Mukherjee, Shahid Kapur and Anupam Kher



- 5) **Omar Wa Salma 2 (Arabic/ Comedy) (PG 13)**  
Shows at 11.15am, 1.30pm, 3.45pm, 6pm, 8.15pm and 10.30pm  
Starring: Tamer Hossni and May Azi Dine
- 6) **Alf Mubarak (Arabic/ Comedy) (PG)**  
Shows at 11.30am, 2pm, 4.30pm, 7pm and 9.30pm  
Starring: Ahmed Helmi and Rehma
- 7) **Ice Age 3: Dawn of the Dinosaurs (Kids/ Comedy) (G)**  
Shows at 11am, 1pm, 3pm, 5pm, 7pm, 9pm and 11pm
- 8) **Night at the Museum 2 (Comedy) (PG 13)**  
Shows at 11.45am, 2pm, 4.15pm and 9.15pm  
Starring: Ben Stiller, Steve Coogan, Amy Adams and Owen Wilson

- 9) **Angels and Demons (Thriller/ Suspense/ Action) (15)**  
Shows at 6.30pm and 11.30pm  
Starring: Tom Hanks and Ewan McGregor
- 10) **Aliens in the Attic (Kids/ Family/ Action/ Adventure) (G)**  
Shows at 11am, 1pm, 3pm, 5pm, 7pm, 9pm and 11pm  
Starring: Carter Jenkins and Ashley Tisdale
- 11) **The Ugly Truth (Comedy/ Drama/ Romance) (15+)**  
Shows at noon, 2pm, 4pm, 6pm, 8pm and 10pm  
Starring: Katherine Heigl and Gerard Butler
- 12) **Alf Mubarak (Arabic/ Comedy) (PG)**  
Shows at 12.45pm, 3.15pm, 5.45pm, 8.15pm and 10.45pm  
Starring: Ahmed Helmi and Rehma
- 13) **The Taking of Pelham 1 2 3 Action/ Adventure/ Thriller) (15)**  
Shows at 12.30pm, 3pm, 5.30pm, 8pm and 10.30pm  
Starring: Denzel Washington and John Travolta
- 14) **Alf Mubarak (Arabic/ Comedy) (PG)**  
Shows at 12.45pm, 3.15pm, 5.45pm, 8.15pm and 10.45pm  
Starring: Ahmed Helmi and Rehma

**DAILY SMILE!**



"Do you feel lucky? Well, do ya, Punk?"

- Cricket coaching for children, 6.30pm-8pm. Sehla nets. Contact 39607378, 39238570.
- Therapeutic and relaxation massage, 8am-11pm, Indian Ayurvedic Medical Centre, Mahooz. Free consultation, 8am-1pm and 4pm-9pm. Contact 17722060 or 17720780.
- Tae kwon do, kickboxing and Khandokwan classes, with Master Ashraf Ali Ghansar, 7pm onwards, Al Hala Club, Muharraq. Contact 36559930.
- International Tennis League, open invitation for players, call 39800310.
- Walk in meditation, free daily meditation course, 7pm-7.30pm, Bahrain Meditation Centre, Adliya. Contact 17712545.
- Ladies Pilates, 4pm-5pm and 6.30pm-7.30pm, La Fontaine Centre of Contemporary Art, Hoora. Contact 17230123 or e-mail lfccart@batelco.com.bh
- Freemotion, 9am, 5pm, Dessange, Adliya. Indoor cycling, 7pm. Aerobic Combos, 7.30pm, step combo, 6.30pm. Contact 17713999.
- Pilates, 9am, Body Line. Aqua aerobics, 3.30pm, spinning classes, 8.30am, 9.30am, belly dancing, 5.30pm.
- Bahrain Hash House Harriers, contact 17862620 for time and location.
- Therapeutic and general yoga classes for women, Bahrain Wellness Resort, Janabiya. Mixed classes and group pickups available. Call 17795961 or 39265903.
- Relaxation massage, Al Shafi Alternative Medicine Centre, Janabiya, 8am-8pm. For appointments, call 17610096 or 17610097.
- Preparing for childbirth classes in various languages, American Mission Hospital. For appointments, call 17248142.
- Super Mix, Gulf Hotel's Health and Recreation Club, 8.30am-9.30am; Spinning class, 2.30pm-3.30pm; 20:20:20, 6.30pm-7.30pm and Yoga (mixed), 7pm-8pm. Contact 17713000.

- Advanced hypnotherapy and motivational coaching for personal and professional success. For appointments, call Dr Leila Edwards on 39667623, fax 17592019 or e-mail info@thefakeoverexperience.com.
- Training and treatment in Yoga, Pranik healing and Reiki from 6am to 10am and 4pm to 8pm at the Bahrain Yoga Therapy and Fitness Centre, Juffair. Contact 17725027.
- Auriculotherapy to quit smoking at I Quit Smoking Bahrain Centre, Dana Mall, ground floor at 10am to 1pm and 4pm to 9pm. Contact 17554244.

**CLUBS AND SOCIETIES**

- Bahrain Toastmasters Club meeting, 7.30-9.30pm, Salman Cultural Centre, Gudaibiya. Contact 36199980 or 39020017.
- Waddlers, gymsters, 10.30am, My Gym children's fitness centre, Seef. Playdate, 11.45am, free play, 3pm, whiz kids, 4pm, tae kwon do, 5.15pm. Contact 17566566.
- Children's gymnastics, swimming, sports, arts and crafts, 9am-12.30pm, Children's Health Academy of Specialised Sports (CHAOS), Budaiya. Contact 17592096.
- Jewellery making workshops, 10.30am-11.30am and 4.30pm-5.30pm, 8 Mansions, Country Mall, Budaiya. Contact 39040056 or 17594575.
- Awali divers meet, (British Sub Aqua Club BSAC - Branch 261), 7.30pm, Amigo's, Dilmun Club, Saar. All divers welcome. Contact 17690926 or 17692986.
- Mosaics, watercolours, crochet, cross-stitch and English calligraphy classes for children and adults, 10am - noon, and 4pm - 6pm, Things to Do, near Budaiya Flyover. Contact 17590409.
- Library, 9am-12.45pm, ladies canasta, 10am, pony rides, 8.30am-11am and 3pm-5pm. Dilmun Club, Saar. Contact 17690926.

- Tae kwon do (members and guests) juniors 4.30pm, adults 6pm, bridge club (members and guests) 9.30am-2pm and 7.30pm-11pm, British Club, Adliya. Library (members only), 9am-12pm and 2pm-7pm. Contact 17728245.
- Ladies Aero Kickboxing, Gulf Air Club, Salmabad. Contact 17780087 or 17872080.
- Bahrain Society for the Prevention of Cruelty to Animals (BSPCA) sanctuary, Shakhura, 8am-12pm. Those interested in adopting pets, walking dogs or volunteering, contact 17591231. Rescued animals will be accepted 24-hours-a-day.
- Alcoholics Anonymous, Sacred Heart Church, social service unit, 7.30pm. Contact 39446440 or 17530020. Log on to www.aainarabia.com.
- Alanon meeting, 7.30pm, American Mission Hospital, Contact 39446440 or 17530020.
- Hamad Town Women's Society weekly meeting, 7pm-9pm. Contact Fatima 39643396 or Amira 39126113.
- Young Learners English Language Classes, 3pm-6.10pm, Lingo-Ease, Al Nasir Gardens, Budaiya. Adults General English Class, 5.30pm-8.45pm. Young Learners Arabic Class, 4.50pm-5.50pm Contact 17590895.
- The Conversation Centre, Adliya, English language communication skills classes for adults, e-

**COURSES**

**Useful Numbers**

- Bahrain Human Rights Watch Society hotline for missing three-year-old Bader Jawad Hussain Mubarak: 17536222
  - Police, fire, ambulance 999
  - Coastguard 17700000
  - Traffic and accidents 17688888.
  - General directorate of traffic inquiries hotline 17872287 or 199, switchboard 17872222. For more information visit on traffic procedures visit www.traffic.gov.bh
  - Weatherline 17236236
  - Electricity and Water Authority application call centre 17515555.
  - Consumer Protection Directorate hotline 17530096
  - Flight information and timetables on 17339339 or visit www.bahrainairport.com
  - Information on post, civil aviation, telecommunications and public transport visit www.transportation.gov.bh.
  - Labour Ministry's inspection hotline 17870176, people trafficking hotline 17870196.
  - General Directorate of Nationality Passports and Residence hotline for passports, ID card, visa and residence permit queries 17399777. Issuing tourist or business visa on www.evisa.gov.bh.
  - For smart card application and queries call 17878019 or visit www.smartcard.gov.bh
  - Stocks and shares updates on Bahrain stock exchange visit www.bahrainstock.com.
  - Information on conferences and exhibitions at Bahrain International Exhibition Centre on 17558802 or visit www.bahrainexhibitions.com.
  - Be Free Anti-Child Abuse and Neglect Centre, Zinj. Visit www.be-free.info or call 17242415.
  - General information on Bahrain, visit www.clickbahrain.com.
  - New to Bahrain? Basic information for newcomer ladies to Bahrain, contact 36637137, 39270413 or 17400246.
  - For information on why, how and where to recycle in Bahrain visit http://recycle-pointsbh.webs.com
  - Telecommunications Regulatory Authority (TRA) Consumer Affairs in the Telecommunications Sector call centre 80088888
  - Recycling for charity. 17562600, www.recycling-for-charity.com
- Taxis**
- Arabian Taxi 17461746
  - Airport 17260208
  - Government Avenue 17223496
  - Speedy Motors 17682999
- Hospitals**
- Salmaniya Medical Complex 17288888
  - American Mission Hospital 17253447
  - Bahrain Defence Force Hospital 17766666.
  - Al Dosari Specialist Hospital 17717777
  - Al Hilal Hospital 17344700
  - Al Amal Hospital 17602602
  - Awali Hospital 17753333
  - Al-Kindi Specialised Hospital 17240444
  - Bahrain Specialist Hospital 17812000
  - Dr Tariq Hospital 17822822
  - Ibn Al Nafees Hospital 17828282
  - International Hospital of Bahrain 17598222
  - Noor Specialist Hospital 17260026
  - Health Ministry's food control department. Call 17288888
  - Medical appointments, drug prices and information on services offered by the Health Ministry visit www.moh.gov.bh