

Today's happenings...



■ **Tobin Bell** reprises his role as psychotic strategist John 'Jigsaw' Kramer in the psychological thriller *Saw VI...now showing*

- 4) **Sherlock Holmes (15) (Adventure/ Thriller)**
Shows at 12.45pm, 3.30pm, 6.15pm, 9pm and 11.45pm
Starring: Robert Downey Jr, Jude Law and Rachel McAdams
- 5) **3 Idiots (PG 13) (Hindi/ Comedy)**
Shows at 11am, 2pm, 5pm, 8pm and 11pm
Starring: Aamir Khan, Kareena Kapoor and Madhavan
- 6) **Alf Mabrouk (Comedy) (PG)**
Shows at 10.30am, 1pm, 3.30pm, 6pm, 8.30pm and 11pm
Starring: Ahmed Helmi and Rahma

SAAR CINEPLEX - 4 Screens

- 1) **Saw VI (18+) (Horror)**
Shows at 11.30am, 1.30pm, 3.30pm, 5.30pm, 7.30pm, 9.30pm and 11.30pm
Starring: Tobin Bell, Costas Mandylor and Mark Rolston
- 2) **The Tournament (15) (Action)**
Shows at 11.15am, 1.15pm, 3.15pm, 5.15pm, 7.15pm, 9.15pm and 11.15pm
Starring: Robert Carlyle, Ving Rhames and Kelly Hu
- 3) **Paranormal Activity (15+) (Horror)**
Shows at 11.30am, 3.30pm, 7.30pm and 11.30pm
Starring: Katie Featherston, Micah Sloot and Michael Bayouth
- 4) **Its Complicated (15) (Comedy/ Romantic)**
Shows at 1.15pm, 5.15pm and 9.15pm
Starring: Meryl Streep, Alec Baldwin and Steve Martin
- 5) **Sherlock Holmes (15) (Adventure/ Thriller)**
Shows at 6.30pm, 9pm and 11.30pm
Starring: Robert Downey Jr, Jude Law and Rachel McAdams
- 6) **The Princess And The Frog (PG) (Animation/ Family)**
Shows at 10.30am, 12.30pm, 2.30pm and 4.30pm

AL JAZEERA CINEPLEX - 2 Screens

- 1) **Saw VI (18+) (Horror)**
Shows at 2pm, 4pm, 6pm, 8pm, 10pm and midnight
Starring: Tobin Bell, Costas Mandylor and Mark Rolston
- 2) **The Tournament (15) (Action)**
Shows at 2pm, 4pm, 6pm, 8pm, 10pm and midnight
Starring: Robert Carlyle, Ving Rhames and Kelly Hu

AWAL CINEMA

- 1) **3 Idiots (PG 13) (Hindi/ Comedy)**
Shows at noon, 6pm and midnight
Starring: Aamir Khan, Kareena Kapoor and Madhavan
- 2) **Dulha Mil Gaya (PG 13) (Hindi/ Comedy)**
Shows at 3pm and 9pm

Starring: Shahrukh Khan, Fardeen Khan and Sushmita Sen

AL HAMRA CINEMA

- 1) **Paleri Manikyam (Mal)**
Shows at noon, 3pm, 6pm, 9pm and midnight
Starring: Jaysurya and Roma

DANA CINEPLEX - DANA MALL

• All shows after midnight only on Thursdays, Fridays and holidays

- 1) **Alvin and the Chipmunks: The Squeakquel (Comedy/Kids/Family)**
Shows at 11pm, 1pm, 3pm, 5pm, 7pm, 9pm, 11pm and 1am
Starring: Jason Lei and Zachary Levi
- 2) **Alf Mabrouk (Arabic/ Comedy) (PG)**
Shows at 11am, 3.45pm and 8.30pm
Starring: Ahmed Helmi and Rehma
- 3) **Teer Enta (Arabic/ Comedy) (PG)**
Shows at 1.30pm, 6.15pm, 11pm and 1.15am
Starring: Ahmed Maki, Majed Al Kdwani and Danua Samer Ganim
- 3) **3 Idiots (PG 13) (Hindi/ Comedy)**
Shows at 11am, 2.15pm, 5.30pm, 8.45pm and midnight
Starring: Aamir Khan,

- 4) **Kareena Kapoor and Madhavan Zombieland (Comedy/ Suspense/ Horror)**
Shows at noon, 2pm, 4pm, 6pm, 8pm, 10pm and midnight
Starring: Jesse Eisenberg, Woody Harrelson and Emma Stone
- 5) **Avatar 3D (Action/ Sci-Fi/ Adventure/ Thriller)**
Shows at 11am, 2.15pm, 5.30pm, 8.45pm and midnight
Starring: Sam Worthington, Zoe Saldana and Sigourney Weaver
- 6) **Cloudy With A Chance Of Meat Balls (Kids/ Animation/ Family)**
Shows at 11.45am, 1.45pm, 3.45pm, 5.45pm, 7.45pm, 9.45pm and 11.45pm
Starring: Bill Hader and Anna Farris
- 7) **The Stepfather (Suspense/ Horror/ Thriller)**
Shows at 11.15am, 1.15pm, 3.15pm, 5.15pm, 7.15pm, 9.15pm, 11.15pm and 1.15am
Starring: Dylan Walsh and Sela Ward

- 8) **Armored (Action/ Drama)**
Shows at 11.15am, 1.15pm, 3.15pm, 5.15pm, 7.15pm, 9.15pm, 11.15pm and 1.15am
Starring: Matt Dillon, Jean Reno and Lawrence Fishburne
- 9) **Avatar 2D (Action/ Sci-Fi/ Adventure/ Thriller)**
Shows at 11.30am, 2.30pm, 5.30pm, 8.30pm and 11.30pm
Starring: Sam Worthington, Zoe Saldana and Sigourney Weaver
- 10) **2012 (Action/ Sci-Fi/ Adventure/ Thriller)**
Shows at 11.45am, 2.45pm, 5.45pm, 8.45pm and 11.45pm
Starring: John Cusack, Amanda Peet and Chiwetel Ejiofor
- 11) **Avatar 2D (Action/ Sci-Fi/ Adventure/ Thriller)**
Shows at 1pm, 4pm, 7pm, 10pm and 1am
Starring: Sam Worthington, Zoe Saldana and Sigourney Weaver
- 12) **2012 (Action/ Sci-Fi/ Adventure/ Thriller)**
Shows at 11.15am, 2.15pm, 5.15pm, 8.15pm and 11.15pm
Starring: John Cusack, Amanda Peet and Chiwetel Ejiofor

• Only Cinema 5 with 3D version



DAILY SMILE!



"Only one child in the town of Hamelin didn't have an iPod"

- Cricket coaching for children, 6.30pm-8pm. Sehla nets. Contact 39607378, 39238570.
- Therapeutic & Relaxation Massage, 8am-11pm, Indian Ayurvedic Medical Centre, Mahooz. Contact 17722060.
- Chinese, Thai and relaxation massage, 10am-9pm, Tuina Ladies Massage, Budaiya. Contact 17596040.
- Free meditation classes, 7pm-7.30pm, Bahrain Meditation Centre, Adliya. Contact 17712545.
- Training and treatment in Yoga, Reiki and Pranic healing, 6am - 10am and 4pm - 8pm, Bayoga, Juffair. Contact 17725027.
- Ladies and mixed yoga classes, Bahrain Wellness Centre 7pm-8.30pm, call 17795961 for details.
- Preparing for childbirth classes in various languages, American Mission Hospital. For appointments, call 17248142.
- Career coaching, executive coaching and life coaching, 9am-5pm. Contact 36199980, 17532451 or coach@craigconsultants.com.
- Advanced hypnotherapy and motivational coaching for personal and professional success. For appointments call Dr Leila Edwards on 39667623 or 17592019, or e-mail info@themakeoverexperience.com.
- Punchbag boxing class, Profile Fitness Centre, 8.30am. Yoga, 5pm-6.20pm. Contact 17727766.

CLUBS AND SOCIETIES

- Horse Riding training for show jumping and dressage, 8am-12pm and 3.30pm-7pm, Shakhura Riding Centre. Contact 17591103.

- Gymsters, 9.15am, My Gym Children's Fitness Centre, Seef., Waddlers, 10.30am, play date, 11.45am, Learn, create and explore, 3.30pm. Contact 17566566.
- Brain Body Dynamics, 9am-5pm, Budaiya. Contact 17592661 or 39246544 for information.
- Children's gymnastics, swimming, sports, arts and crafts, 9am-12.30pm, Children's Health Academy of Specialised Sports (CHAOS), Budaiya. Contact 17592096
- Jewellery making workshops, 10.30am-11.30am and 4.30pm-5.30pm, 8 Mansions, Country Mall, Budaiya. Contact 39040056 or 17594575.
- Mosaics, watercolours, crochet, cross-stitch and English calligraphy classes for children and adults, 10am - noon, and 4pm - 6pm, Things to Do, near Budaiya Flyover. Contact 17590409.
- Dilmun Club. Library 2pm-5.45pm. Horse riding, 8am-12pm and 3pm-8pm. Contact 17690926.
- Bahrain Society for the Prevention of Cruelty to Animals (BSPCA) sanctuary, Shakhura, 8am-12pm. Those interested in adopting pets, walking dogs or volunteering, contact 17591231. Rescued animals will be accepted 24-hours-a-day.
- Alcoholics Anonymous meeting, American Mission Hospital, 7.30pm. Entry free, contact 17530020 or 39446440 or visit www.aainarabia.com.
- Mah Jong (members and guests), 10am, British Club,

Adliya. Abs, 9am, tots and toddlers 10am, taekwondo (members and guests) juniors 4.30pm-6pm, adults 6pm-8pm. kids football, 4.45pm, football, 6pm. Contact 17728245.

COURSES

- Creative Writing, 11+ 13+ UK Exam preparation, Maths, Latin, special needs dyslexia classes. Contact 39818425 for time and location in Budaiya.
- General English language courses, TOEFL, SAT, GRE, GMAT preparation, 9am-9pm, American Cultural and Educational Centre, Juffair. Contact 17729997.
- Tafseer classes by Dr Farheed Al Tony, after Asar Prayers to Maghrib Prayers, Bastaki Masjid, Saar. Contact 39459123.
- General English classes for children, juniors 4pm-5.30pm, seniors 5.30pm-7.30pm, Bait Al Taleem English Language Institute, A'ali. Contact 17643199.
- Young Learners' English Language Classes, 3pm-6.10pm, Lingo-Ease, Al Nasir Garden, Budaiya. Adults classes,

TO BE INCLUDED CALL 17620222

5.30pm-8.45pm. Contact 17590895 or 39102997.

- English, Arabic, French, Spanish, Italian, German, Farsi, Japanese and Chinese classes, 8am-8pm. Berlitz Language Centre, Adliya. Contact 17827847.
- French courses, Maison Jamsheer, Muharraq, 9am-9pm. Call 17342682 for more details.
- The Conversation Centre, Adliya, English language communication skills classes for adults, e-mail writing, business writing workshops. Contact 39067062 for timing.
- Morning and evening French classes for children and adults. Contact Alliance Francaise de Bahrein on 17683295.
- British Council, 8.30am-5pm, Khamis. Contact 17261555.

Useful Numbers

- Bahrain Human Rights Watch Society hotline for missing three-year-old Bader Jawad Hussain Mubarak: 17536222
 - Police, fire, ambulance 999
 - Coastguard 17700000
 - Traffic and accidents 17688888.
 - General directorate of traffic inquiries hotline 17872287 or 199, switchboard 17872222. For more information on traffic procedures visit www.traffic.gov.bh
 - Weatherline 17236236
 - Electricity and Water Authority application call centre 17515555.
 - Consumer Protection Directorate hotline 17530096
 - Flight information and timetables on 17339339 or visit www.bahrainairport.com
 - Information on post, civil aviation, telecommunications and public transport visit www.transportation.gov.bh.
 - Labour Ministry's inspection hotline 17870176, people trafficking hotline 17870196.
 - General Directorate of Nationality Passports and Residence hotline for passports, ID card, visa and residence permit queries 17399777. Issuing tourist or business visa on www.evisa.gov.bh.
 - For smart card application and queries call 17878019 or visit www.smartcard.gov.bh
 - Stocks and shares updates on Bahrain stock exchange visit www.bahrainstock.com.
 - Information on conferences and exhibitions at Bahrain International Exhibition Centre on 17558802 or visit www.bahrainexhibitions.com.
 - Be Free Anti-Child Abuse and Neglect Centre, Zinj. Visit www.be-free.info or call 17242415.
 - General information on Bahrain, visit www.clickbahrain.com.
 - New to Bahrain? Basic information for newcomer ladies to Bahrain, contact 36637137, 39270413 or 17400246.
 - For information on why, how and where to recycle in Bahrain visit <http://recycle-pointsbh.webs.com>
 - Batelco care centre for family violence victims 17597777, 80001888
- ### Taxis
- Arabian Taxi 17461746
 - Airport 17260208
 - Government Avenue 17223496
 - Speedy Motors 17682999
- ### Hospitals
- Salmaniya Medical Complex 17288888
 - American Mission Hospital 17253447
 - Bahrain Defence Force Hospital 17766666.
 - Al Dosari Specialist Hospital 17717777
 - Al Hilal Hospital 17344700
 - Al Amal Hospital 17602602
 - Awali Hospital 17753333
 - Al-Kindi Specialised Hospital 17240444
 - Bahrain Specialist Hospital 17812000
 - Dr Tariq Hospital 17822822
 - Ibn Al Nafees Hospital 17828282
 - International Hospital of Bahrain 17598222
 - Noor Specialist Hospital 17260026
 - Gulf Dental Speciality Hospital 17741444
 - Health Ministry's food control department. Call 17288888
 - Medical appointments, drug prices and information on services offered by the Health Ministry visit www.moh.gov.bh