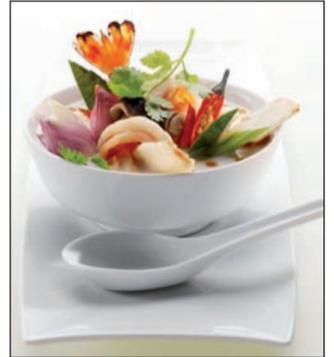


The true taste of Thailand...



Enjoy authentic Thai recipes during the festival



The Mövenpick Hotel Bahrain is partnering with the Royal Thai Embassy, the Mövenpick Hotel Phuket and Qatar Airways, to present a week-long Thai Cuisine and Cultural Festival.

The event will offer diners the chance to discover and experience real Thai cuisine everyday for lunch and dinner at Silk's Restaurant.

It will begin today and will continue until Saturday.

Tuck into a sumptuous and exotic Thai buffet, for just BD15++ per person and enjoy live performances by Sbn-Nga Dance Company every night during the festival.

Customers who enjoy a lunch or dinner during the festival also have the chance to be the lucky winner of a six-night stay at the exotic Mövenpick Hotel Phuket and a

Qatar Airways return ticket to Phuket.

Meanwhile, customers could also discover secret recipes and learn Thai cooking with the professionals at specially arranged cooking classes.

Classes will take place from 10am to noon today, on Tuesday and Thursday for just BD60++ per person including lunch.

Call 17460000 or e-mail hotel.bahrain.fb@moevenpick.com for bookings and other inquiries.

AMH is offering quality health care



Get specialised medical care at the AMH

The American Mission Hospital's (AMH) internal medicine department is committed to offering optimum care to its patients.

Located at the Overkamp Clinic, it is named after Dr Corrine Overkamp, who served the Bahrain population for more than 30 years.

Internal medicine is specifically concerned with diagnosis, management and treatment of more complex or serious diseases and involves detailed investigations of internal organs such as the heart, liver, kidney and lungs as well as blood composition.

Specialist areas include cardiology, endocrinology, gastroenterology and pulmonology.

The members of the internal medicine team are diabetes specialists Dr Mathew George and Dr Edwin Ratnaraj, hypertension and gastroenterology specialist Dr Anabeth Sakhrani, cardiology specialist Dr Emerita Co Deleon, gastroenterology specialist Dr Kenneth Virador, tropical diseases expert Dr Chyranthus Henry and gastroenterology specialist Dr Mazin Kamil.

The team is experienced in dealing with all primary and secondary care problems of the heart, lungs, nervous system, blood endocrine and abdomen. The experts can diagnose and give management advice regarding all medical problems.

The department offers special discounted packages for diseases like diabetes, hypertension and hyperlipidemias.

Each is tailored to the patient and their particular ailment and offered at very attractive prices.

The hospital believes in taking a team approach to these illnesses and each team will consist of three doctors assisted by a nutritionist and nurse counsellor.

In addition, it can include an in-house ophthalmologist, psychiatrist, surgical team and physiotherapist to manage any complications.

The clinic provides a thorough initial assessment and a comprehensive follow-up programme. Specialists carry out a detailed assessment of the patient's medical history and current clinical situation.

This is followed by a thorough physical examination focusing on areas that can lead to complications such as circulatory, skin, nerve and eye problems.

The experts encourage patients to attend clinics with a family member so that they too can learn more about the illness.

In keeping with the AMH and the tradition of high-quality service provided at 'not for profit' rates, the clinic offers special package rates for annual and periodic check-ups.

Contact 17248122 or 17248123 for more information.

Berlitz introduces new crash courses

People looking to learn languages can now enjoy fun new methods of teaching now underway at Berlitz.

The language centre has unveiled two new crash courses that will give students a chance to learn practical uses of the language.

They can choose the Express or Dual course that teaches two languages simultaneously.

Both are eight-week courses and will teach students to use language in practical everyday situations, with focus on a new situation at each class.

They are not a substitute for language courses, but a fun way to learn the language for day-to-day situations.

Berlitz has been helping the world communicate since 1978, teaching several languages at each of its centres across the globe and online.

In Bahrain, there is a wide selection of languages to choose from. Arabic is one of the most popular choices, with many expatriates visiting the centre to learn more about it.

Students don't sit through dull grammar drills or spend time memorising dialogue that

they may never use.

Instead, from the moment they first sit in class, they will begin to learn their new language just as they learned their first – by listening and repeating. This enjoyable conversational approach leads to students speaking their new language right from the very first lesson.

Vocabulary

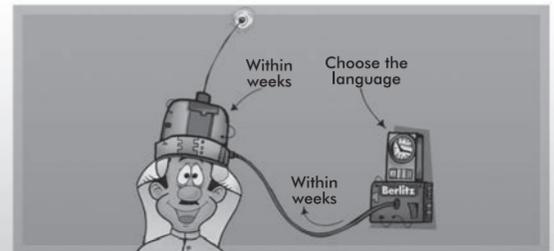
By using real-life scenarios such as meeting and greeting people, shopping, travelling, eating out and playing sports, students very quickly learn the specific vocabulary needed and how to apply it.

Everyone who attends Berlitz is treated as an individual.

Your needs are taken into account, so no matter what you want to achieve by way of speciality vocabulary or level of learning, staff will work with you to help you achieve your aims. There are regular group sessions in each of the languages and private lessons and timetables can also be arranged to suit your needs.

Call the centre on 17827847 for details.

Upload the language of your choice!



Learn the language of your choice with flexible group schedules - "Berlitz Express" and "Berlitz Dual" will train you in only few weeks through theme-based instructions.



For all your language needs
Tel: 17 827 847, Fax: 17 723 449
Language Center Translation & Interpretation
Email: berlitz@berlitz-bahrain.com

Berlitz
Helping the World Communicate



amh American Mission Hospital

Do you suffer from
**Hypertension, Diabetes, Cholesterol
or Asthma?**

**AMH has an extensive range of health care
packages designed for your well-being
and early detection of diseases.**

Benefits of AMH packages:

- Ensures all-round holistic healthcare team approach to promote wellbeing
- Nurse counselors provide individual and group healthcare education sessions for the patient and family
- Full examination by a doctor with referral to the following services as needed
 - Ophthalmology
 - Laboratory investigations
 - Dietary assistance
 - Dental services

Packages reflect a significant reduction in prices for individual procedures.

American Mission Hospital maintains a century-long commitment to provide quality, affordable, comprehensive medical services to all who seek our care.

Internal Medicine Clinic tel: 17248122/123
AMH Chest Clinic tel: 17248110/121



International Kite Festival at the... Italy, yesterday.

geniality'

his wife of five years. According to reports, he had affairs with at least four women – one of them while Bullock was away last year filming what would be her Oscar-winning role in *The Blind Side*. Bullock, 45, had given emotional speeches at the Oscars and other Hollywood awards shows thanking

port. *The Proposal* and *Miss* left their southern California... cheating allegations broke in March, just days after she Oscar.

his teeth



bullfight

ess they had witnessed, the two more bullfights as part of